



Sexual Health Education Instructional Materials Review

Curriculum Title: Not a Number

Year Published: 2017

Publisher: Love146

Website: <https://love146.org/notanumber/>

Full or Supplemental: Supplemental

Grade Level: Secondary

Student Population: General

Duration/Number of Lessons: 1 book, 5 modules, roughly 60 min each

Format and Features: 1 book + online downloadable supplemental forms

Evidence-based/informed: Evidence-informed

National Standards Alignment: Not evident

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: Yes

Primary Topical Areas (Check all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input checked="" type="checkbox"/> Consent | <input checked="" type="checkbox"/> Other (Human Trafficking/Exploitation) |
| <input type="checkbox"/> Contraception | |
| <input checked="" type="checkbox"/> Healthy relationships | |
| <input type="checkbox"/> HIV Prevention | |

Reviewer Comments:

Reviewer 210

This is a great curriculum. I would, however, recommend using it in conjunction with other curricula/content that covers sexual assault more broadly.

Reviewer 206

Not A Number is a strong curriculum relating to the trafficking and exploitation elements of child sexual abuse but does not claim to comprehensively address other types of child abuse or sexual health as a whole. The five-module curriculum might be challenging to get through the suggested time frame, but the lessons are clearly written and would be modifiable if necessary. There is significant teacher support and training offered through Love146, which may be beneficial to instructors who have limited experience with these topics. The content is trauma-informed and youth-centered, although some of the media examples may have to be updated periodically to stay relevant to youth culture. This curriculum might be a good supplement when paired with other prevention curriculum in order to create a holistic approach to preventing all forms of child sexual abuse.