

Topic	Activity List (Length)	Objectives	Next steps <i>(suggestions below and space to add your own)</i>
Introduction to Project AWARE and WA requirements	<input type="checkbox"/> Review OSPI’s Project AWARE website https://www.k12.wa.us/student-success/health-safety/mental-social-behavioral-health/project-aware <input type="checkbox"/> Review Project AWARE Logic Model <input type="checkbox"/> Review LEA workplan <input type="checkbox"/> Review Washington RCW WAC requirement Review: Model District Template: Student Social, Emotional and Behavioral, and Mental Health Recognition, Screening and Response MODELD~1.DOC (live.com) (25 pages)	<ol style="list-style-type: none"> 1. Become familiar with Project AWARE and Washington laws and policies. 	<ul style="list-style-type: none"> • Connect with your Supervisor or OSPI Leads with questions on logic model, workplan, etc.
Introduction to Multi-Tiered System of Supports (MTSS) and Interconnected Systems Framework (ISF)	<input type="checkbox"/> Watch OSPI – What is MTSS? Video (21 min) https://youtu.be/4XSmibLBKho <input type="checkbox"/> Watch An Introduction to The Interconnected Systems Framework (4 min) https://www.youtube.com/watch?v=yYy89Utihrg <input type="checkbox"/> Watch ISF School Mental Health within a MTSS Framework (1 hr 14 min, begin video at 9:03) https://www.youtube.com/watch?v=Q81CLuVjizc <input type="checkbox"/> Read Advancing Education Effectiveness: Interconnecting School Mental Health and School-Wide PBIS, Volume 2: An Implementation Guide – Chapters 1-2 (18 pages) https://www.pbis.org/resource/interconnecting-school-mental-health-and-pbis-volume-2 <input type="checkbox"/> Watch ISF 101: An Introduction (53 min) https://www.youtube.com/watch?v=3ElzOKVP8cY Accompanied resources:	<ol style="list-style-type: none"> 1. Define Interconnected Systems Framework (ISF) 2. Understand MTSS and the ISF and their positive impact on schools. 3. Learn initial steps for implementation. 4. Learn how a systems approach ensures equity. 	<ul style="list-style-type: none"> • Informally interview MTSS Lead, PBIS Coach or others at your district that lead systems work using the guiding questions from OSPI-What is MTSS? Video (20:07)

	<ul style="list-style-type: none"> • Presentation PDF https://mhttcnetwork.org/media/2227 • Factsheet https://mhttcnetwork.org/sites/mhttc/files/2020-03/Interconnected-Systems-Framework-101-Fact-Sheet.pdf <p><input type="checkbox"/> Watch ISF 201: When School Mental Health is Integrated Within an MTSS – What’s Different webinar (50 min, begin at 6:18) https://youtu.be/mOEolmuzAkk?t=378</p> <p>Accompanied resources:</p> <ul style="list-style-type: none"> • Presentation PDF https://mhttcnetwork.org/sites/mhttc/files/2019-12/ISF 201 Presentation 120419 0.pdf • Factsheet https://mhttcnetwork.org/sites/mhttc/files/2020-03/Interconnected-Systems-Framework-201-Fact-Sheet.pdf 		
Teaming	<p><input type="checkbox"/> Read Advancing Education Effectiveness: Interconnecting School Mental Health and School-Wide PBIS, Volume 2: An Implementation Guide – Chapters 3-4 (38 pages) https://www.pbis.org/resource/interconnecting-school-mental-health-and-pbis-volume-2</p> <p><input type="checkbox"/> Read School Mental Health Quality Guide – Teaming (18 pages) https://www.schoolmentalhealth.org/media/SOM/Microsites/NC_SMH/Documents/Quality-Guides/Teaming-7.16.21.pdf</p>	<ol style="list-style-type: none"> 1. Increase understanding of best practices in school mental health teaming. 2. Reflect on how cultural responsiveness, anti-racist, and equity considerations fit into school mental health teaming. 	<ul style="list-style-type: none"> • Investigate if there is a District Community Leadership Team in place? Who is missing from the table?
Culturally and linguistically responsive services, supports and workforce	<p><input type="checkbox"/> Watch Trauma-Informed Organizations and Language: Cultural Responsiveness, Anti-Racism and Equity in School Mental Health (58 min, begin at 6:15) https://youtu.be/UaKM4b-VYY?t=375</p> <p>Optional: Additional webinars to expand learning, including topics of staff well-being, creating supportive spaces for LGBTQ+ youth,</p>	<ol style="list-style-type: none"> 1. Support trauma informed systems in schools 2. Increase understanding of strength-based practices that promote students academic, 	<ul style="list-style-type: none"> • Review your district demographic and mental health.

	<p>addressing racial stress and trauma, creating safe and equitable schools, etc.:</p> <p>https://www.youtube.com/playlist?list=PLF_BBsggewINSQMG000RvGleB2mz55o22</p>	<p>social-emotional-behavioral success</p> <p>3. Learn to provide more culturally responsive and equitable services and supports</p>	
<p>Youth & Family, Community Engagement</p>	<p><input type="checkbox"/> Watch Authentic Family & Community Engagement for Continuous Improvement modules (10 modules, 10-15 min each) https://www.youtube.com/playlist?list=PLh0gvWB_9LuV23BgW3NM3a-Zld8eBMIik</p> <p>Accompanied resources:</p> <ul style="list-style-type: none"> • School Leader Toolkit: Authentic Family and Community Engagement to Support Continuous Engagement (NEED LINK WHEN AVAILABLE) <p><input type="checkbox"/> Watch Power of Youth Co-Design webinar (1 hour 32 min) https://www.youtube.com/watch?v=jI5yzl2upCM</p> <p><input type="checkbox"/> Watch Promoting Family and Community Empowerment to Strengthen Positive School Climate (56 min, begin video at 9:25 mark) https://youtu.be/D8eL5y72LKA?t=565</p> <p><input type="checkbox"/> Watch Collaboration Between School & Community Settings: Development of Meaningful and Sustainable Partnerships between Schools and Community Partners (1 hour, begin video at 8:26 mark) https://youtu.be/aDOrzrRmLOU?t=506</p>	<p>1. Understand best practices for authentic youth, family, and community engagement.</p> <p>2. Learn a model for youth co-design to inform your work.</p>	
<p>Assessment</p>	<p><input type="checkbox"/> Read School Mental Health Quality Guide – Needs Assessment & Resource Mapping (11 pages) https://www.schoolmentalhealth.org/media/SOM/Microsites/NC_SMH/Documents/Quality-Guides/Needs-Assessment-&-Resource-Mapping-2.3.20.pdf</p>	<p>1. Understand important of needs assessments and resource mapping.</p> <p>2. Learn about using SHAPE as an assessment tool.</p>	<ul style="list-style-type: none"> • Review your district’s most recent assessment results and resource mapping documents (if available).
<p>Implementation</p>	<p><input type="checkbox"/> Watch ISF 301: Installing an Integrated Approach (53 min, start at 4:40 mark) https://youtu.be/3jfqDQVSO0k?t=280</p> <p>Accompanied resources:</p>	<p>1. Understand the process and stages of implementing ISF.</p>	<p>Consider the following questions for your district:</p> <ul style="list-style-type: none"> • How is MTSS currently being implemented?

	<ul style="list-style-type: none"> • Presentation PDF https://mhffcnetwork.org/sites/mhffc/files/2020-01/ISF 301 Webinar Presentation 012120.pdf • Factsheet https://mhffcnetwork.org/sites/mhffc/files/2020-03/Interconnected-Systems-Framework-301-Fact-Sheet.pdf <p><input type="checkbox"/> Read Advancing Education Effectiveness: Interconnecting School Mental Health and School-Wide PBIS, Volume 2: An Implementation Guide – Chapters 5-6 (47 pages) https://www.pbis.org/resource/interconnecting-school-mental-health-and-pbis-volume-2</p>	<p>2. Learn challenges, solutions, and innovations to implementation.</p>	<ul style="list-style-type: none"> • How will adopting an ISF impact existing initiatives or programs? • Are current interventions being evaluated with enough rigor? • Are services equitable?
<p>Sustainability</p>	<p><input type="checkbox"/> Read School Mental Health Quality Guide: Funding & Sustainability https://www.schoolmentalhealth.org/media/SOM/Microsites/NC SMH/Documents/Quality-Guides/Funding-and-Sustainability-1.27.20.pdf</p>	<p>1. Plan for continued funding and sustainability past grant cycle.</p>	