

How Does Poor Mental Health Hurt the Brain?

Frontal Lobe

Controls problem solving and reasoning

Parietal Lobe

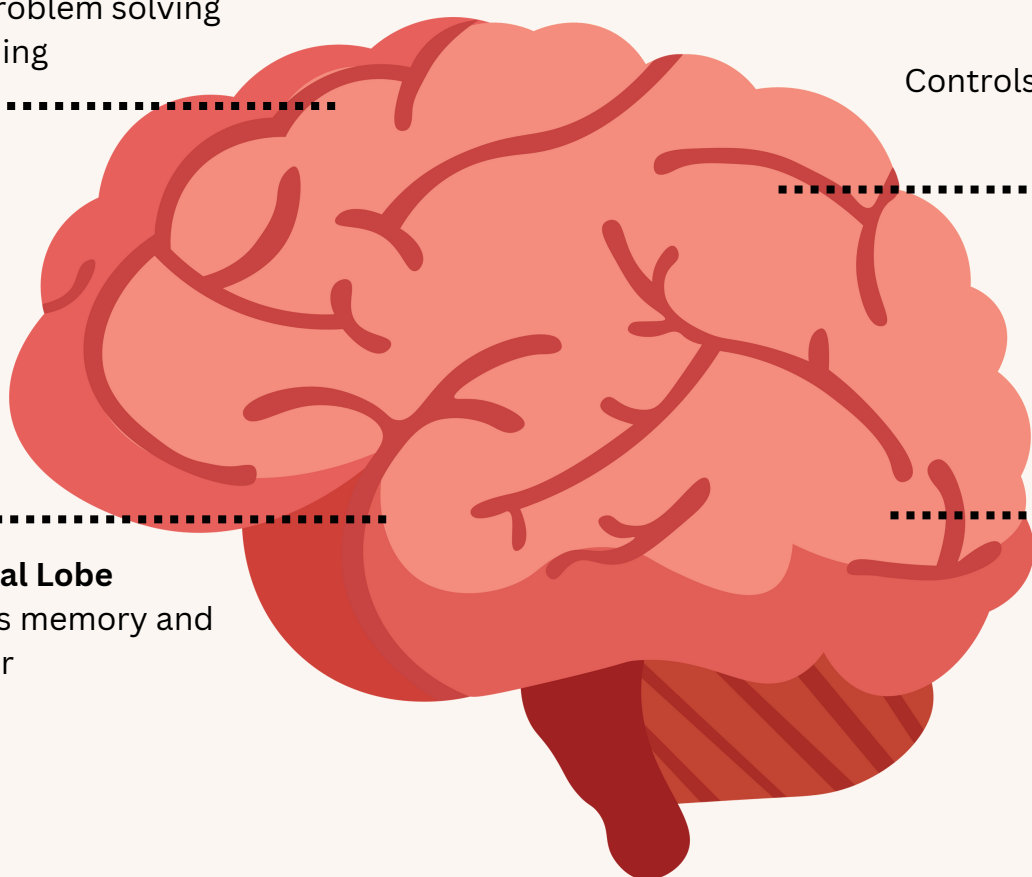
Controls orientation and sensation

Temporal Lobe

Controls memory and behavior

Occipital Lobe

Controls orientation and sensation



1

FRONTAL LOBE

Mental Disorders such as mania and depression can do damage to the frontal lobe and cause poor judgement and lack of impulse control.

2

TEMPORAL LOBE

Mental disorders such as schizophrenia can cause memory loss and difficulties with recognizing and interpreting emotions.

3

PARIETAL LOBE

Anxiety disorders can affect the parietal lobe.

4

OCCIPITAL LOBE

Schizophrenia also affect the occipital lobe. It can cause difficulty in identifying colors.