

Annual Physical Education Review

2023–24 School Year

The Office of Superintendent of Public Instruction (OSPI) has streamlined the required assessment reporting for Health & Physical Education with the Annual Physical Education review into one Alchemer survey format. This optional template can help districts gather all their data before they submit once on OSPI's 2023-24 Annual Physical Education Review survey.

LEGISLATION

Physical Education program annual review ([RCW 28A.230.055](#))

Beginning in the 2018–19 school year, all school districts must conduct an annual review of their physical education programs. This survey includes seeks to answer these questions:

- *The average number of minutes per week of physical education received by students in grades one through eight, expressed in appropriate reporting ranges.*
- *The number of students granted waivers from physical education requirements.*
- *The frequency with which physical education is provided to students.*
- *An indication of whether there is sufficient dedicated gym space and sheltered areas to support the minimum amount of physical activity required of students by law.*
- *An indication of whether the physical education curriculum of the district addresses the Washington state K-12 learning standards.*
- *An indication of whether, as a matter of policy or procedure, the district routinely modifies and adapts its physical education curriculum for students with disabilities.*
- *An indication of whether the district routinely excludes students from physical education classes for disciplinary reasons.*

The Arts, Health and Physical Education, Social Studies ([RCW 28A.230.095](#))

By the end of the 2008–09 school year, school districts shall have in place in elementary schools, middle schools, and high schools assessments or other strategies chosen by the district to assure that students have an opportunity to learn the essential academic learning requirements in social studies, the arts, and health and fitness. Health and fitness includes, but is not limited to, mental health and suicide prevention education. Beginning with the 2008–09 school year, school districts shall annually submit an implementation verification report to OSPI. OSPI may not require school districts to use a classroom-based assessment in social studies, the arts, and health and fitness to meet the requirements of this section and shall clearly communicate to districts their option to use other strategies chosen by the district.



For the 2023–24 school year, select all content areas assessed in each grade band:

Health & PE	Elementary	Middle School	High School
Health Education			
Physical Education			

- 1) Does your district have an adopted or developed Physical Education curriculum, aligned to Washington state K–12 Physical Education standards? YES or NO
- 2) Is Physical Education instruction, as a matter of policy or procedure, adapted or modified for students with disabilities? YES or NO
- 3) Is Physical Education instruction, as a matter of policy or procedure, routinely excluded from students for disciplinary reasons? YES or NO
- 4) Do you have one or more buildings that lack sufficient dedicated gym space to reach minimum physical education requirements? YES or NO
 - a. If YES, how many district buildings lack dedicated gym space? _____ (number only).

Elementary-Level Questions

In 2022–23, what was the average number of minutes of Physical Education instruction weekly that elementary students received? (NOTE: Do not include recess. If PE is offered one semester and not the other, divide minutes by two.) *Check the closest answer:*

- Did not offer Physical Education
- 0–24 minutes
- 25–49 minutes
- 50–74 minutes
- 75–99 minutes
- 100–124 minutes
- 125–149 minutes
- 150 or more minutes

What is the frequency with which physical education is provided to students in elementary school? (click all that apply for your district elementary schools)

- 1-2 days a week
- 3-4 days a week
- everyday
- alternating weeks
- one semester on, one semester off (or quarters)
- year-round
- other: _____

How many students were excused from participation (formerly known as a waiver) from Physical Education during 2022–23 at the elementary level? (Note: please add up all students from grades K–5 from all schools who did not participate in Physical Education) _____ (number only).

Middle School-Level Questions

In 2022–2023, what was the average number of minutes of Physical Education instruction weekly that middle school students received? (NOTE: Do not include recess. If PE is offered one semester and not the other, divide minutes by two) *Check the closest answer:*

- Did not offer Physical Education
- 0–24 minutes
- 25–49 minutes
- 50–74 minutes
- 75–99 minutes
- 100–124 minutes
- 125–149 minutes
- 150 or more minutes

What is the frequency with which physical education is provided to students in middle school? (click all that apply for your district elementary schools)

- 1-2 days a week
- 3-4 days a week
- everyday
- alternating weeks
- one semester on, one semester off (or quarters)
- year-round
- other: _____

How many students were excused from participation (formerly known as a waiver) from Physical Education during 2022–23 at the middle school level? (Note: please add up all students from grades K–5 from all schools who did not participate in Physical Education) _____(number only).

High School-Level Questions

How many students were excused from participation (formerly known as a waiver) from Physical Education during 2022–23 at the high school level? (Note: please add up all students from all schools who were excused from participating in Physical Education under [RCW 28A.230.050](#)) _____(number only).

If applicable, describe the kind of support you would like to see from OSPI: (check all that are of interest)

- 1-2 days a week
- 3-4 days a week
- everyday
- alternating weeks
- one semester on, one semester off (or quarters)