

CACFP Infant Meal Form

Participant Information

Infant's Full Name: _____

Birthdate: _____

Center Offers: _____

Date Enrolled: _____

Formula Type: _____

Requirements

- Centers must offer at least one type of iron-fortified infant formula (IFIF) and required foods.
- Parent/guardians may choose to:
 - Decline offered formula and supply a different formula or breast milk, expressed or by breastfeeding, on-site.
 - Provide their own foods in place of center-provided foods.
 - Parents/guardians cannot be required to provide infant formula or foods.

Form Instructions

- Complete this form for each infant and update as needed.
- Complete the information section at the top of this form.
- Keep this form on file to support the monthly claim.
- Check the appropriate boxes in the Components Offered section for items the parent supplies.
- Check the appropriate box in the Components Offered section when the infant is developmentally ready for a component.
- Record and date changes and updates in the Notes section when a new component is started, or changes are made (i.e. infant switches from breastmilk to a center provided IFIF).

Components Offered

Meal Components	Developmentally Ready	Parent Supplies	Changes/Updates	Date	Staff Initials
Breast Milk					
IFIF					
Iron-Fortified Infant Cereal					
Meat/Meat Alternate					
Fruit/Vegetable					
Grains					

Notes:

Parent Supplies	Changes/Updates	Date	Staff Initials

Reminders

- Only 2 meals and 1 snack **or** 1 meal and 2 snacks can be claimed per infant, per day.
- Record a meal or snack when:
 - Center supplies all components
 - Parent/guardian supplies only one (1) component.
 - Expressed breast milk is a component.
 - Parent supplies breast milk or IFIF and center provides all other foods.
- Do not record a meal or snack when:
 - Parent/guardian supplies **more than** one component
 - Center supplies infant cereal and parent supplies breast milk and fruits
 - Center supplies formula and parent supplies all other foods

CACFP Infant Meal Pattern

Breakfast, Lunch, Supper

Component	Birth – 5 Months	6 – 11 Months
Breastmilk or Infant Formula	4–6 fl. oz. breastmilk or formula	6–8 fl. oz. breastmilk or formula
Grains or Meat/Meat Alternates, or a combination	(not required)	<ul style="list-style-type: none"> • 0—½ oz eq (0–4 Tbsp) infant cereal; • or 0–4 Tbsp meat, fish, poultry, whole eggs, cooked dry beans or peas; • or 0–2 oz. cheese; • or 0–4 oz. cottage cheese; • or 0–4 oz. (½ cup) yogurt; • or a combination of the above
Vegetables, Fruit, or both	(not required)	0–2 Tbsp vegetables, fruit, or both

Snacks

Component	Birth – 5 Months	6 – 11 Months
Breastmilk or Infant Formula	4–6 fl. oz. breastmilk or formula	2–4 fl. oz. breastmilk or formula
Grains	(not required)	<ul style="list-style-type: none"> • 0—½ oz eq bread; • or 0—¼ oz eq crackers; • or 0—½ oz eq (0–4 Tbsp) infant cereal; • or 0—¼ oz eq ready-to-eat cereal
Vegetables, Fruit, or both	(not required)	0–2 Tbsp vegetables, fruit, or both

Abbreviations: fl. oz. = fluid ounces oz eq = ounce equivalent Tbsp = tablespoons

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