

Substance Use Questions on the 2021 Healthy Youth Survey

Number of question as listed in the "Frequency Reports" for the 2021 HYS results:

<https://www.askhys.net/Reports>

*** "grades 8-12" means that those questions were only asked to students in those grades. If no grade is indicated, that means that the questions were asked to all students who took the survey.

30 Day Use:

During the past 30 days, on how many days did you:

- #30 Smoke Cigarettes?
- #31 Use chewing tobacco, snuff, or dip?
- #32 Smoke cigars, cigarillos, or little cigars? (grades 8-12)
- #33 Use and electronic cigarette, also called e-cigs, JUUL, or vape pens?
- #34 Smoke tobacco or flavored tobacco in a hookah, even just a puff? (grades 8-12)
- #35 During the past 30 days ,did you use a heated tobacco product? (Heated tobacco products are different from e-cigarettes, which heat a liquid to produce vapor. Some brands of heated tobacco products include iQOS, glo and Eclipse.)
- #36 During the past 30 days, which of the following tobacco or marijuana products that you used were flavored to taste like menthol (mint), candy, fruit, or any other flavors? Choose all that apply
- #37 Drink a glass, can or bottle of alcohol?
- #38 Use marijuana or hashish?
- #39 Not counting alcohol, tobacco, or marijuana, use another illegal drug?
- #40 Use any illegal drug, including marijuana? (Computed from questions 38 and 39)
- #41 Use a pain killer TO GET HIGH, like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)? (grades 8-12)
- #42 Use prescription drugs not prescribed to you? (grades 8-12)
- #43 During the past 30 days, which of the following have you used for non-medical reasons? Choose all that apply. (grades 8-12)
 - a) I did not take any of these for non-medical reasons
 - b) I used a stimulant, like Adderall or Ritalin
 - c) I used a painkiller, like Vicodin, OxyContin, or Percocet
 - d) I used a tranquilizer, like Valium or Xanax
 - e) I used another kind of prescription drug
 - f) I used an over-the-counter drug, like cough syrup or cold medicine



Types of substances:

- Other Tobacco-Related Questions: #44-50 (various grades depending on the question)
- Other Electronic Cigarette- Vaping- Related Questions: #51-57 (only asked to 6th grade)
- Other Alcohol- Related Questions: #58-66 (various grades depending on the question)
- Other Marijuana- Related Questions: #67-72 (various grades depending on the question)
- Other Alcohol-and Drug-Related Questions: #73-79 (various grades depending on the question)

Access to trusted adult:

- #144 When you feel sad or hopeless, are there adults that you can turn to for help?
- #145 If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? Choose all that apply. ; sibling, teacher, friend, parent/guardian, coach (grades 8-12)
- #166 Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs? (grades 8-12)
- #167 In the last year, did you have any contact with a school counselor? (grades 8-12)
- #168 There are people in this school who will help me if I need it? (grades 8-12)
- #193 There are adults in my neighborhood or community I could talk to about something important. (grades 8-12)
- #197 My neighbors notice when I am doing a good job and let me know. (only asked to 6th grade)
- #198 There are people in my neighborhood who encourage me to do my best. (only asked to 6th grade)
- #199 There are people in my neighborhood or community who are proud of me when I do something well. (only asked to 6th grade)
- #198 If I had a personal problem, I could ask my parent(s) for help.
- #211 My parent(s) notice when I am doing a good job and let me know about it. (only asked to 6th grade)
- #212 How often do your parent(s) tell you they're proud of you for something you've done? (only asked to 6th grade)
- #213 Do you enjoy spending time with your mom(s)? (only asked to 6th grade)
- #214 Do you enjoy spending time with your dad(s)? (only asked to 6th grade)

E-Cigarettes/Vaping Use:

- #53 How old were you the first time you used an electronic cigarette, also called e-cigs, JUUL, or vape pens? (grades 8-12)
- #54 During the past 30 days, which of the following e-cig or vaping products did you use? Choose all that apply.
- # 55 During the past 30 days, which of the following e-cig or vaping products that you used were flavored? Choose all that apply.
- #56 During the past 30 days, how did you usually get your own e-cig or vaping products? Choose only one answer. (grades 8-12)

#57 How much do you think people risk harming themselves if they use electronic cigarettes, also called e-cigs, JUUL, or vape pens regularly (almost daily)? (grades 8-12)

Student perception of harm for substances:

How much do you think people risk harming themselves if they:

- #236 Smoke one or more packs of cigarettes per day?
- #237 Try marijuana once or twice?
- #238 Use marijuana regularly (at least once or twice a week)?
- #239 Take one or two drinks of an alcoholic beverage nearly every day?

How wrong do YOU think it is for someone your age to:

- #243 Drink beer, wine, or hard liquor regularly?
- #244 Smoke cigarettes?
- #245 Use marijuana?
- #246 Use LSD, cocaine, amphetamines, or another illegal drug?

Facts Sheets found here; <https://www.askhys.net/FactSheets>

**** Fact Sheets are not created for all topic areas*

Current Substance Use:

- 30 Day Use

Alcohol Use:

Commercial Tobacco Product Use:

- Tobacco & Vapor Product Use

Marijuana Use:

Prescription Medication Use:

Peer-Individual Risk Factors

- Student perception of harm for substances

Family Protective Influences

Mental Health and Well-being

Depressive Feelings & Suicide