

WA Sexual Health Education Academic Learning Standards, Grades 6-8

Curriculum:		Reviewer:		Date:	
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Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.		N/A	SD	D	A	SA
<p>Grade 6</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify parts of the reproductive systems. <input type="checkbox"/> Identify physical, social, mental, and emotional changes that occur during puberty. <input type="checkbox"/> Define abstinence and explain why it is the most effective method to prevent pregnancy and sexually transmitted infections (STDs), including HIV. <input type="checkbox"/> Explain how STDs are transmitted. <input type="checkbox"/> Identify examples of protective factors and risk behaviors. <input type="checkbox"/> Identify ways to communicate effectively in a variety of relationships. <input type="checkbox"/> Recognize that everyone has the right to set boundaries based on personal values. <input type="checkbox"/> Understand which sexual health care services are available to youth. <input type="checkbox"/> Understand that there are behaviors that constitute sexual offenses. <input type="checkbox"/> Understand that it is illegal to send or post sexually explicit images or messages electronically. 	<p>Grade 7</p> <ul style="list-style-type: none"> <input type="checkbox"/> Describe reproductive systems including body parts and functions. <input type="checkbox"/> Describe the stages of a pregnancy from fertilization to birth. <input type="checkbox"/> Recognize that there are individual differences in growth and development. <input type="checkbox"/> Distinguish between biological sex, gender identity, gender expression, and sexual orientation. <input type="checkbox"/> List and describe commonly used methods of birth control, including abstinence. <input type="checkbox"/> Describe methods to prevent the transmission of STDs/HIV, including abstinence. <input type="checkbox"/> Understand that all STDs are treatable and many are curable. <input type="checkbox"/> Describe factors that contribute to or protect against engaging in risk behaviors. <input type="checkbox"/> Describe characteristics of healthy and unhealthy relationships. <input type="checkbox"/> Identify laws related to accessing sexual health care services. <input type="checkbox"/> Define sexual offenses as they relate to state law. <input type="checkbox"/> Identify consequences of sharing sexually explicit pictures or messages. 	<p>Grade 8</p> <ul style="list-style-type: none"> <input type="checkbox"/> Summarize reproductive systems and their functions, including the path of an egg during ovulation and the path of sperm during ejaculation. <input type="checkbox"/> Identify physical, emotional, and social effects of sexual activity. <input type="checkbox"/> Describe the physical, social, mental, and emotional changes that occur during adolescence. <input type="checkbox"/> Summarize ways to prevent pregnancy and STDs. <input type="checkbox"/> Summarize signs, symptoms, potential impact, and treatment of STDs. <input type="checkbox"/> Compare and contrast potential outcomes of risk behaviors and protective factors. <input type="checkbox"/> Explain how to build and maintain healthy family, peer, and dating relationships. <input type="checkbox"/> Define sexual consent and identify ways that consent can be communicated and accepted. <input type="checkbox"/> Understand laws related to accessing sexual health care services. <input type="checkbox"/> Identify state laws related to sexual offenses, including when a minor is involved. <input type="checkbox"/> Explain consequences of sharing sexually explicit pictures or messages. 				

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.		N/A	SD	D	A	SA
<p>Grade 6</p> <ul style="list-style-type: none"> <input type="checkbox"/> Understand the range of gender roles, identity, and expression across cultures. 	<p>Grade 7</p> <ul style="list-style-type: none"> <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade. 	<p>Grade 8</p> <ul style="list-style-type: none"> <input type="checkbox"/> Recognize external influences that shape attitudes about gender identity, gender expression, and sexual orientation. <input type="checkbox"/> Analyze the impact of technology and social media on friendships and relationships. 				

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Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.			N/A	SD	D	A	SA
Grade 6 <input type="checkbox"/> Explain importance of talking with a family member and other trusted adults about relationships.	Grade 7 <input type="checkbox"/> Identify medically accurate information about STDs.	Grade 8 <input type="checkbox"/> Identify medically accurate resources about contraceptive methods, STDs/HIV, and pregnancy.					
Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.			N/A	SD	D	A	SA
Grade 6 <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.	Grade 7 <input type="checkbox"/> Demonstrate communication skills that foster healthy relationships. <input type="checkbox"/> Explain importance of setting personal boundaries and showing respect for the boundaries and values of others.	Grade 8 <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.					
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.			N/A	SD	D	A	SA
Grade 6 <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.	Grade 7 <input type="checkbox"/> Identify a decision-making model that can be used to make a health-related decision.	Grade 8 <input type="checkbox"/> Use a decision-making model to make a health-related decision.					
Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.			N/A	SD	D	A	SA
Grade 6 <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.	Grade 7 <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.	Grade 8 <input type="checkbox"/> Develop a plan to communicate and maintain personal boundaries and values.					
Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.			N/A	SD	D	A	SA
Grade 6 <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.	Grade 7 <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.	Grade 8 <input type="checkbox"/> List steps to using a condom correctly. <input type="checkbox"/> Describe personal role in protecting one's own sexual and reproductive health.					
Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.			N/A	SD	D	A	SA
<i>There are no WA state grade level outcomes for this standard in this grade band.</i>							